If you feel an earthquake:
- Drop, cover, and hold
- Move immediately inland to higher ground
- Do not wait for an official warning

Si usted siente el terremoto:
- Despártase, cubábase, y espere
- Mueva inmediatamente a un lugar más alto que el nivel del mar
- No espere por un aviso oficial

Evacuation route / Ruta de evacuación
Assembly area / Área reunión
Bridge / Puente
School / Escuela
Fire department / Bomberos
Evacuation route / Ruta de evacuación
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Evacuation zone for a local tsunami from an earthquake at the Oregon coast.
Zona de evacuación para un maremoto local por un terremoto cerca de la costa de Oregon.

Evacuation zone for a distant tsunami from an earthquake at the Oregon coast.
Zona de evacuación para un maremoto distante de un terremoto lejos de la costa de Oregon.

OUTSIDE HAZARD AREA
Local tsunami evacuation zone for a local tsunami from an earthquake at the Oregon coast.
Zona de evacuación exterior para una zona de peligro local de un maremoto para un terremoto cerca de la costa de Oregon.

MAP SYMBOLS / SÍMBOLOS DEL MAPA
Evacuation route / Ruta de evacuación
Assembly area / Área reunión
Bridge / Puente
School / Escuela
Fire department / Bomberos
**BE PREPARED!**

Assemble emergency kits with at least a 3-day supply for each family member:
- Local map showing safe evacuation routes to high ground
- First-aid supplies, prescriptions and non-prescription medication
- Water bottle and filtration or treatment supplies capable of providing 1 gallon per person per day
- Non-perishable food (ready-to-eat meals, canned food, baby food, energy bars)
- Cooking and eating utensils, can opener, Sterno® or other heat source
- Matches in water-proof container or lighter
- Shelter (tent), sleeping bags, blankets
- Portable radio, NOAA weather radio, flashlight, and extra batteries
- Rain gear, sturdy footwear, extra clothing
- Personal hygiene items (toilet paper, soap, toothbrush)
- Tools and supplies (pocket knife, shut-off wrench, duct tape, gloves, whistles, plastic bags)
- Cash

**WHAT TO KNOW about tsunamis**

A tsunami is a series of sea waves, usually caused by a displacement of the ocean floor by an undersea earthquake. As tsunamis enter shallow water near land, they increase in height and can cause great loss of life and property damage. Recent research suggests that tsunamis have struck the Oregon coast on a regular basis. They can occur any time, day or night. Typical wave heights from tsunamis occurring in the Pacific Ocean over the last 500 years have been 20–65 feet at the shoreline. However, because of local conditions a few waves may have been much higher — as much as 100 feet.

We distinguish between a tsunami caused by an undersea earthquake near the Oregon coast (a local tsunami) and an undersea earthquake far away from the coast (a distant tsunami).

**How to help with tsunami awareness in your community**

- Start a tsunami buddy system
- Make and distribute emergency packs
- Initiate or participate in a local preparedness program

Visit OregonTsunami.org to find more great resources!

**WHAT TO DO for both local and distant tsunamis**

1. Evacuate on foot, if at all possible. Follow evacuation signs and arrows to an Assembly Area.*
2. If you need help evacuating, tie something white (sheet or towel) to the front door knob. Make it large enough to be visible from the street. If the emergency is a distant tsunami, then help may arrive. In the event of a local tsunami, it is unlikely that anyone will help you, so make a plan and be prepared!
3. Stay away from potentially hazardous areas until you receive an announcement over NOAA weather radio that the local area has been put into an official TSUNAMI WARNING. In isolated areas along beaches and bays you may not hear a warning siren. Here, a sudden change of sea level should prompt you to move immediately to high ground. If you hear the 3-minute blast or see a sudden sea level change, first evacuate away from shoreline areas, then turn on your local broadcast media or NOAA weather radio for more information.

**Local tsunamis**

A local tsunami can come onshore within 15 to 20 minutes after the earthquake — before there is time for an official warning from the national warning system. Ground shaking from the earthquake may be the only warning you have. Evacuate quickly!

**Distant tsunamis**

A distant tsunami will take 4 hours or more to come ashore. You will feel no earthquake, and the tsunami will generally be smaller than that from a local earthquake. Typically, there is time for an official warning and evacuation to safety. Evansion for a distant tsunami will generally be indicated by a 3-minute siren blast (if your area has sirens) and an announcement over NOAA weather radio that the local area has been put into an official TSUNAMI WARNING. In isolated areas along beaches and bays you may not hear a warning siren. Here, a sudden change of sea level should prompt you to move immediately to high ground. If you hear the 3-minute blast or see a sudden sea level change, first evacuate away from shoreline areas, then turn on your local broadcast media or NOAA weather radio for more information.